Cosmetology High School Regional Competition Expectations
Oral Communication Test

- An oral interview will be given to all contestants
Shoes:

6. Shoes: No canvas, vinyl, plastic or leather athletic-type shoes, open-toe or open-heel shoes are permitted in any SkillsUSA Championships event without penalty.

- Correct

- Incorrect
Contest Guidelines

2. All contestants must keep their work area clean and organized.
3. All contestants must follow sanitation and safety procedures throughout the contest.

The judges look for “COMMON KNOWLEDGE” safety and sanitation practices to be followed. Points will be deducted for failure to follow common practices.
Use of Capes

- No candidate is required to use a cape because they create excess bulk in such a small area.
- No points will be deducted for failure to use a cape.
When to Clean

- Sweeping, cleaning and/or organizing must be completed after each portion of the contest but will not be counted during the time allowance.
- Failure to sweep, clean and organize during the announced time will result in loss of points for the event which follows.
What Safety and Sanitation Practices should be followed?

During the judges orientation they are instructed to watch for “COMMON KNOWLEDGE” safety and sanitation practices expected of “ENTRY LEVEL” cosmetologist.

National Judges suggested the following practices be observed (recommendations are as follows, but should not limited to the following):

- Contestants should palm shears
- Contestants should not place tools, bobby pins, etc. in his/her mouth
- Contestants should not cut beyond the second knuckle to avoid injury
- If a contestant should become injured stop the service immediately and seek help from the coordinator
- Contestants should not place tools in his/her pockets
- Contestants should avoid touching his/her own face, clothes, hair, etc.
Contestant Etiquette

- Professional attitude and communication is expected throughout the competition
- Cell phone must be turned off during the contest

Contestants observed using their phone for any purpose will be subject to penalty up to disqualification from the competition. All use of cellular devices is forbidden and it will be assumed contestant is receiving information or help. Cell phone use will not be allowed during any portion of the contest nor will it be allowed during any break before dismissal from the contest.
Long Hair Design (1 hour)

- Style hair to produce a range of special effects in an upswept position
- Incorporate applicable techniques such as braiding, twisting, rolls, loops, etc.
- Secure hair with hair pins, bobby pins and bands as applicable
- Create a design that is clean, smooth, showing no backcombing under the finished style
Long Hair Design Cont’d

• Check that hair pins, bobbie pins and bands are not exposed
• Demonstrate balance, proportion, and form in the finished design
• Show control of texture and control of hair direction in the finished design
• Incorporate current trends
Long Hair Design Tips from the National Competition Judges

- Hair can be colored to best suit the design chosen prior to the competition (Please protect the mannequins skin during the coloring process)
- Carefully process the hair if you choose to color. Healthy hair always performs better
- Contestants primary focus should be on providing a sleek, clean, and neat design
- Don’t over exert yourself in intricate design that can take too much time. Typically the finished design suffers in neatness
Long Hair Design DON’TS

- NO hair additions or ornamentations are allowed. (including hair pieces, pony tail extensions, fillers, doughnuts and stuffing material, decorative clips, flowers, scarves, feathers, ribbon, jewelry, earrings etc. The only accepted items will be simple hair pins, bobbie pins and/or rubber bands.)

- NO additional colored spray, mascara, glitters, powders or colored gels may be applied during the competition

- NO makeup or paint may be applied (Only manufacturer applied makeup will be accepted – mannequin should be used as purchased)

- NO eyelashes will be prohibited (If the mannequin was purchased with eyelashes they must be cut/removed prior to the competition)

- Contestant may not cut the mannequin hair during the contest to aid a design or remove flyaway hair (if contestant chooses a maximum 3 inches may be cut from mannequin prior to competition to remove unwanted stray hair)
Woman’s Haircut and Design

- Duplicate the haircut using shears, razor and/or clippers as needed
- Duplicate the length, design line, and textured look of the selected cut
- Duplicate the finished design using blow dryer, or thermal tools such as curling iron, flat iron, etc., as needed
- Use appropriate styling products to duplicate the selected haircut
- Duplicate the balance of form, control of texture and the control of the hair direction
Uniform Layer Haircut (90-Degree)

Note: This task should be performed using shears only. No point cutting and/or texturizing will be accepted.
Create a four section parting
Establish the design length around the perimeter

Starting in the back center work to one ear, then from center to the other ear.
Next in the front hair line establish a guide and work from the center to the ear, then center to the other ear.
(At this point a thin perimeter section should be cut to the desired length all the way around the mannequin)
Establish the interior guide at the top of the head (apex OR crown is acceptable)
Continue cutting guideline to front hairline from an established interior guide at the top of the head.

Note: Candidate must use established guide as reference, it will not be acceptable to measure and cut each new section. Candidate must cut from interior guide to the front hairline, NOT starting from the front hairline working back.
Continue cutting guideline from crown to nape from an established interior guide at the top of the head.

Note: Candidate must work from the crown to nape, not from the bottom up.
Use vertical partings to blend top guide to design line

Note: Competitor may start this portion of the cut in the front, sides, or back as long as he/she works in vertical partings and works from the top down.

Also, competitor may at this point work with or without the aid of clips.
• Maintain a constant 90-degree elevation throughout the procedure

• Follow a traveling guide to maintain uniformly layered lengths
Perform a cross check of the procedure for accuracy

Note: All sections should be complete before starting the cross check. Remember to cross check in horizontal partings. IMPORTANT!!! If long areas are found by contestant he/she must return to vertical partings before cutting. Cutting in horizontal sections during any part of the uniform layered cut will result in penalty points.
• Check the perimeter guide and finish as necessary

• Uniformly blend the finished cut
Blow hair dry to frame the face

Note: the candidate may only use the fingers and blow dryer to perform this step
Clean and organize station
Please read the SkillsUSA Championships Technical Standards for full requirements, tools, rules, obligations, and scope of SkillsUSA contests!